

For Her

Packages

Relax and Revitalise (1.5 hrs) \$120

Indulge in a 60 minute massage to ease tired muscles and achieve maximum relaxation together with a mini manicure to leave your hands looking and feeling wonderful.

Relax and Rejuvenate (2 hrs) \$185

Truly unwind and melt away the stresses with a 60 minute Mer and Sens hot stone massage and a Hydra Moisture Source facial to restore, revitalise and maintain optimum hydration to your skin.

Special Occasion (1.5 hrs) \$115

Perfect for a bride-to-be or anyone preparing for a big occasion.....indulge in a 30 minute stress-relieving massage to ease tense muscles and achieve maximum relaxation and a deluxe manicure to leave your hands looking and feeling beautifully soft, supple and ultra pampered.

For Him

Executive Grooming (1.5 hrs) \$135

The perfect package for a groom-to-be, includes a mini manicure and hand treatment using nourishing preparations from Thalgo to recondition, groom and make hands look fresh and healthy. The 60 minute Mer and Sens hot stone massage promotes a sense of wellbeing and relaxation.

Relax and Rejuvenate (2 hrs) \$190

A facial using Thalgomen Ocean products to help protect against effects of shaving and environmental damage, the perfect treatment for male skin. The 60 minute Mer and Sens hot stone massage promotes a sense of wellbeing and relaxation.

Flagstaff Lodge & Day Spa

Russell • Bay of Islands • New Zealand

Promotions

Join our Day Spa Loyalty Scheme and receive a stamp for every complete \$20 spent on your visit. Once you've collected 20 stamps receive \$40 off your next treatment or product or a \$40 voucher.

Introduce a friend who spends a minimum of \$45 on their first visit and each receive a \$15 voucher towards your next treatments.

Cancellation Policy

If you need to cancel or change an appointment please provide 24 hours notice so that we can offer this time to another customer. If you can't give 24 hours notice, or are unable to tell us that you can't make the appointment, we will make every effort to fill the appointment. If we can't do that, we will charge you for the booking.

Appointments

We suggest that you arrive 10 minutes early for your appointment which gives you time to complete a consultation form. This helps us to ensure we provide the best treatment for your specific and unique needs. To confirm your bookings we will ask for your credit card which won't be charged until after your treatment.

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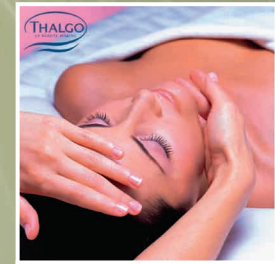
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SPA MENU



Introducing Thalgo's new organic range
Terre & Mer



Relax
Rejuvenate
Revitalise

Body Care

Relaxation Massage 60 min \$95
30 min \$50
Activates circulation and lymphatic system, detoxifies and improves the function of the nervous system, effectively relieving stress.

Indian Head Massage 60 min \$90
30 min \$45
Massage movements are used to relieve accumulated tension and stress. This is a totally relaxing treatment.

Mer & Sens Hot Stone Massage 60 min \$110
More than a new massage method, Mer & Sens body is a complete purifying, re-mineralising and relaxing treatment using hot and cold stones using slow, spiral and smoothing movements.

Mer & Sens Hot Stone Exfoliation 45 min \$90
The Mer & Sens technique is extended to exfoliate the skin with hot and cold stones and Thalgo's exfoliating salts. This treatment smoothes skin and increases skin renewal while allowing true relaxation.

Body Exfoliation 30 min \$60
Ultra-exfoliation combining natural sea salts and marine mud. Eliminates dead skin cells, helps smooth skin roughness, refines skin texture and invigorates the entire body's micro-circulation.

Body Wrap 45 min \$90
Aid the body's circulation and toxin release with a hydrating wrap.

Face Care

Simple Facial 30 min \$60
An introduction to the facial experience or if your time is limited, this facial is designed to refresh and revitalise your skin.

Hydra Moisture Source 60 min \$95
Intensive hydration, freshness and radiance guaranteed.

Cold Marine 60 min \$90
Well known for its instant cooling, decongesting effect and for its soothing formulation, it leaves the complexion fresh and luminous.

RELAX REJUVENATE



REVITALISE

Face Care **Wrinkle Control** 75 min \$160
Perfect for fine lines, Thalgo's marine algae-based 'substance initiale' fills in lines and plumps out wrinkles from within.

Terre & Mer Organic Facial 60 min \$115
30 min \$75
Thalgo's new Terre & Mer collection is more than 99% natural, using certified organic ingredients and featuring preserved algae and essential oils. Both the product and the packaging are environmentally friendly.

ThalgoMen Ocean Facial 50 min \$100
A true energy boost, this treatment designed especially for male skin will make your skin feel rejuvenated and your complexion radiant.

Bath Care A true pleasure that is perfect for your sense of wellbeing and gives you time to replenish yourself from head to toe.

Thalgo Milk Bath 20 min \$40
Milk & Honey Bath 20 min \$35
Aromatherapy Bath 20 min \$35

Hand & Foot Care **Deluxe Manicure or Pedicure** 60 min \$80
A complete relaxing treatment including a soak, exfoliation, stimulating massage, cuticle care and varnish.

Mini Manicure or Pedicure 30 min \$40
Perfect if you have a busy schedule, with a soak, cuticle care and varnish and you are ready to go in no time.

French Polish add 15 min \$15

Essential **Eyelash/Eyebrow** tinting and shaping are also available. From \$10

Waxing - full, half and upper leg; From \$25
Bikini, underarm and other waxing available.

Products used in our treatments are available for purchase. Please ask your therapist.